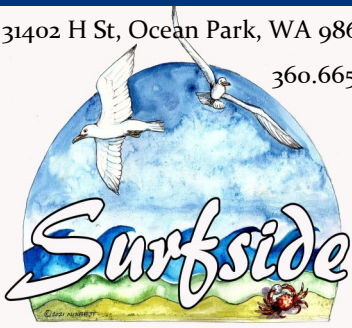


31402 H St, Ocean Park, WA 98640

360.665.4171



Weekender

December 16, 2022

Surfside Events

Peninsula Events

Entertainment/News

surfsideonline.org

Employee Superheros

You see them on the side of the road, you see them in an emergency, and sometimes you see them at your front door offering help. Who are these employee superheroes? It's our very own Aquamen - Aaron Brooks, Chris Staudenraus, and Jason (Jake) Taylor.

The members of the water and field crew are responsible for maintaining the water mains and the water meters. They provide new water hook up services. They are key personnel on large projects like updating old water main lines. This is commonly called the WMR (water main replacement). In short, the crew does whatever is needed whenever we need them to do it!

The water and field crew is indispensable to the smooth operation of our community. They support the health and well-being of all members by maintaining the transport systems for clean water...and they do it all behind the scenes with little to no interruption in service.

Jake has worked with us since early 2019. Chris has been with us since 2010. The Field Crew Leader, Aaron, has over 13 years with the HOA. That kind of loyalty is hard to find these days.

If you see a Surfside truck on the side of the road with someone working in an open ditch, or if you get a message about a water main break or repair, give a shout of thanks to the staff of our water and field crew.



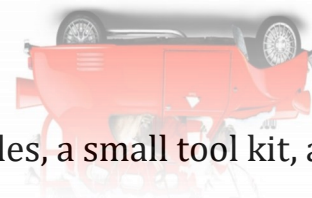
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The office will be closed Friday, December 23rd, Monday, December 26th, and Monday, January 2nd for the holidays.

HOLIDAY ROAD TRAVEL SAFETY TIPS

If you are planning trips over the holidays here are some safety tips to consider.

- * Make sure your car is in good condition for a road trip. Check the tires for wear and pressure, including the spare. Check the oil level. Check all the fluids (brake, transmission, washer, etc.).
- * Make sure your roadside assistance plans are up to date and you have the contact numbers.
- * Pack a vehicle emergency supply kit with things like jumper cables, a small tool kit, a flashlight with extra batteries and reflective triangles.
- * Put an emergency preparedness kit with things like water, food, a whistle, emergency blankets, a small radio and a first aid kit in your vehicle.
- * Always share your travel plans with a family member or friend.
- * Check the weather before departing and along your route. Consider alternate plans to travel around any storms or weather hazards.
- * Get some sleep before you leave! Drivers should be well rested and alert.
- * Buckle up, slow down, and don't drive impaired...this includes driving while taking prescription medications which may limit your ability to stay alert.
- * Follow the rules of the road and use caution in construction zones.
- * Give your full attention to the road. Avoid distractions such as cell phones or argumentative conversations. Put your pets in crates or harnesses to keep them and you safe.
- * Make frequent stops if you are alone. If with others, rotate drivers during long trips. If you're too tired to drive, stop and get some rest.
- * If you have car trouble, pull off the road as far as possible.



~9 Tips for Fending Off Holiday Stress~

The holidays are a time for family and cheer, but making sure the house is clean, the food is ready, and the presents are wrapped and ready to be opened can be overwhelming. These factors can bring unwanted stress and depression in a time meant for happiness. Some important, practical tips can help minimize the stress that accompanies the holidays. These tips may even help you enjoy the holidays more than expected.

Through the endless parties, cooking, shopping and cleaning, try taking one of 9 steps to ensure you have a stress-free holiday:

1. **Plan ahead** - Between co-workers, friends and family, it's inevitable that some commitments will end up on the same day. Make sure to plan on what you can attend in person or virtually. If you're hosting the holidays, create a menu to help you stay organized and make grocery shopping easier.
2. **Say no** - With holiday commitments, it is OK to say no to a few or all of them. It also will help relieve some stress. Try sharing your to-do list with other family members.
3. **Plan spending** - The holidays mean spending money. Make a budget and stick to it. Spending money on your loved ones is important, but it's also important to pay your energy bill. Don't buy gifts that you'll be paying off for the rest of the year.
4. **Create relaxing surroundings** - Turn on some music, light some candles or open the windows on a sunny day. Research has found that listening to music and the scent of citrus can boost feelings of well-being, and vitamin D is always a happiness booster.
5. **Maintain healthy habits** - The holidays are notorious for ruining healthy habits. A short workout each morning will help your decision-making throughout the day. Encourage your family to try snow shoeing or sledding to get in extra exercise. Eat healthy snacks like fresh fruit or vegetables throughout the season and to fill up before a dinner party or celebration with tempting, but unhealthy, foods.
6. **Share feelings** - Spending a holiday after a loss in the family can be difficult. Accept your feelings and open up about them to others. It may make you feel better to share. Try to switch up old traditions to ease the loss.
7. **Respect differences** - Family members will have different viewpoints than your own. Try your best to forgive and forget this holiday season. Focus on your similarities, and replace tension with something productive.
8. **Be realistic** - You are only one person, and you can only do so much. Be realistic with how much you can handle this season. Forget about perfection, and relax and enjoy the company surrounding you.
9. **Take a break** - Don't forget about your own needs. Take a nap, go for a short walk, read a book or watch a funny movie. Laughing relaxes the whole body, and can relieve physical tension and stress.



Holidays are meant to be a fun, enjoyable time with friends and family. These tips can help ensure you truly enjoy your holidays when stress starts to set in.

Peter Reisner, M.D., Mayo Clinic Health System;

<https://www.mayoclinichealthsystem.org/hometown-health/speaking-of-health/fend-off-holiday-stress-with-these-tips>; Extracted 12/8/2022

Helping First Responders to Help You After an Accident

from the Safety and Security Committee Chair, Linda Voss

When police or emergency personnel approach an accident scene they look for vehicle registrations, licenses, insurance and other sources to help them identify victims. Since we're always carrying them, cellphones can be a valuable tool in an emergency. Here are some ways you can use your cellphone to provide first responders with vital information about you.

Create an ICE contact. ICE stands for "in case of emergency." Add this contact with all caps and make it the first contact in your list. You can highlight your ICE by using asterisks, too, like this *** ICE #1 My Husband ***, *** ICE #2, My Son***. If you have an iPhone it will automatically add "Emergency Contact" in red letters. You can also add ICE contacts as a note to your phone's home screen. Put all pertinent information in the note, like your ICE's full legal name, all their phone numbers, and their work, school or home address. You can also add a noticeable icon next to the ICE's contact name, like a red phone.



Keep your information current. Some phones have Safety and Emergency settings, some have About Phone settings. Use these to your advantage. If your phone is "old school" it may have an ICE contact already that you can update. If not, add a contact that is all about you and force it to be at the top of the list. You can also prominently display your contact information by putting it in all caps which is easier to see when scrolling. Include things like your date of birth and any secondary numbers.

Add your medical information and keep it updated. If you have a medical condition, place a medical icon by your contact. Add a note and list all your prescription medicines and the dosage, add your allergies, and even list things like dentures, contacts or glasses. Put that note on your phone's home screen. If you have a "medical application" put the app's icon on your home screen. This precaution could save your life in an emergency room.

Setup the Emergency Call options which bypass a locked phone. On most new smartphones the emergency call button will show on your lock screen and allows you or others to quickly dial numbers you've added for emergency situations. If you don't have that option on your phone, search the internet for ways to bypass the lock screen in an emergency.

Let first responders access your phone with an app. When you're not able to call 911 yourself, a first responder can use your phone even if it's in lock mode. iPhones have a "medical ID" option installed on all devices running iOS 8 and later. For Androids, Medical ID is a free app that can be downloaded from the Google Play store. Emergency responders (and anyone else with physical access to your iPhone) can view your Medical ID from the lock screen without entering a passcode. [Read this guide from a Florida Fire District to learn how to set up Medical ID.](#)

For more information, visit AARP, "[Find Out How Your Smartphone Can Help Save Your Life](#)".

Staying Connected to Others During the Holidays

As we head into the holidays and COVID-19 continues, we may need to change or cancel favorite traditions with family and friends. However, we can still create meaningful moments that lift our spirits and keep us safe while building a sense of connection, community, and cheer.

Creative ways to connect

Staying in touch with loved ones can help boost your mood. Try these ideas for reimagining how you celebrate the season with others:

- * Gather virtually. Take seasonal events such as gift exchanges online by dropping off or sending gifts to friends and family and then opening them together virtually. It can be a safe way to stay connected and have fun.
- * Volunteer safely. Look into virtual volunteer opportunities or volunteer in-person while following recommended safety precautions. You could also help a neighbor by raking, shoveling, or picking up groceries for them.
- * Stay active. Being outdoors, moving your body, and connecting with loved ones can be wonderful ways to care for yourself. If weather allows, invite friends and family to join you for a physically-distanced hike or walk at a local park.
- * Create new traditions. Establish a holiday movie night with the people in your own home, complete with seasonal snacks, or organize a virtual gathering with friends and family you may not normally see during the holidays.

Mental health care tips

While staying connected can help you care for your mental health, there's more you can do if you're feeling stressed or anxious. The Centers for Disease Control and Prevention recommends:

- ⇒ Eating healthy, well-balanced meals
- ⇒ Exercising regularly
- ⇒ Meditating
- ⇒ Taking a break from screens and technology
- ⇒ As we all have to think more creatively about how we approach the upcoming holiday season, remember it's okay to ask for help when you need it

Anthem, <https://www.anthem.com/coronavirus/blog/well-being-and-community/staying-connected-to-others-during-the-holidays/>;

Extracted 12/8/22

Safety and Security Committee Update

If you have a complaint or question about the roads in Surfside, send an email to pw@co.pacific.wa.us or submit a complaint through the county Maintenance Request form at <https://www.co.pacific.wa.us/public-works/index.html>.

Our Safety and Security Committee continues to communicate with the Interim Public Works Director, Grace Amundsen Barnkow. Ms. Amundsen Barnkow indicated her department focuses on flood control this time of year, finishing their budget process, and pavement management. She shared that the transportation improvement program (TIP) recently adopted includes the pedestrian projects Surfside HOA requested. She indicated the speed studies the HOA requested will be done soon. Finally, there are some draft documents prepared in anticipation of potential grants for pedestrian improvements.

The Safety and Security committee meets the fourth Thursday of each month at 3:00 p.m.

Do you have a question for the Board? Do you want to make a suggestion? Do you want to send a note or comment to a committee or a trustee? **Submit a Membership Request!** We WANT to hear from you, our membership, to improve our community and ensure we respond to your needs. You can either come to the Business Office, fill out our [Membership Request form](#), or email Board@surfsideonline.org.



Talk to you soon!



Drivers: Share the Road

People on bicycles have the same rights and responsibilities as people behind the wheel of a vehicle.

- ⇒ Yield to bicyclists as you would motorists and do not underestimate their speed. This will help avoid turning in front of a bicyclist traveling on the road or sidewalk, often at an intersection or driveway.
- ⇒ In parking lots, at stop signs, when packing up, or when parking, search your surroundings for other vehicles, including bicycles.
- ⇒ Drivers turning right on red should look to the right and behind to avoid hitting a bicyclist approaching from the right rear. Stop completely and look left-right-left and behind before turning right on red.
- ⇒ Obey the speed limit, reduce speed for road conditions and drive defensively to avoid a crash with a cyclist.
- ⇒ Give cyclists room. Do not pass too closely. Pass bicyclists as you would any other vehicle—when it's safe to move over into an adjacent lane.

Vegetation Spotlight



Ocea spray - Holodiscus discolor

Many people favor cultivated ornamentals over natives because they perceive natives to be delicate and difficult to transplant. If the reward on a native plant to completely explode that notion, it would be Ocea spray. This plant is tough as iron. Happy in sun or shade, wet or dry, Ocea spray is one of the hardest native plants to kill, try as you might. As an added bonus, it's also a relatively fast-growing plant, especially in sunny spots, so buying a 1-gallon Ocea spray can be a great solution for filling a hole in your landscape.

In late spring, cascades of large, white to cream-colored flower plumes cover the entire plant, attracting butterflies and other pollinators. These flower clusters will eventually turn brown and remain on the plant through the winter. The dense structure of Ocea spray makes it an extremely valuable wildlife habitat, providing shelter and food (in the form of insects) for insectivorous birds such



Upcoming Events

- January 1st, Fireworks at the Bolstad Beach Approach, Long Beach, 12 am (midnight)
- January 5th, Surfside Area Neighborhood Watch, 2—4 p.m., business office



Ilwaco High School Events

Ilwaco Drama Club presents *Mutually Assured Destruction*, 10 plays about Brothers and Sisters, December 16-18th

Call 360-642-3731 for more information on play times.



Owner's Responsibilities

Covenant Corner

Article 5 of the covenants covers "Owner's Responsibilities." Many of these restrictions have been in effect in various forms for over 40 years and the necessity of the rules are still applicable today. Some lesser known covenants in this article include:

Section 5.10: "It shall be the duty of each owner to **promptly notify the Association of any change of ownership and/or change of address** of any owner. "

Section 5.13: "It shall be the duty of each owner **to ensure that the correct street address is posted in an appropriate manner on his property**, for public health and safety purposes."

Many associations in the country have extremely specific restrictions on things like building style, exterior paint colors, and even whether or not your grass exceeds a certain height. In Surfside we allow diversity but do have one encompassing covenant which states:

Owners shall **maintain the improvements on their premises and the grounds** of such premises in a neat and attractive manner. Property owners shall **keep the exterior of improvements on their premises in a good state of repair and appearance.** (Section 5.2)

Finally, **If you receive a letter from Surfside about a covenant violation please read it!** In most cases members have 21 days to respond by contacting the office with their plan to correct the issue. If you do not respond we PRESUME A VIOLATION EXISTS and the next action we take will be fines.

Clark Conservation District 2023 Native Plant Sale



Ordering is opening soon!

When does the sale start?
**November 30th,
2022 at 4pm**

How do I order plants?

1. Order online
2. Select a pickup time
3. Pickup Feb 18, 2023

Where can I learn more?

**to learn more &
order plants visit**
clarkcd.org/native-plant-sale



Surfside Area Neighborhood Watch

(not affiliated with the Surfside HOA)

Are you concerned about security on your street or block? If yes, please attend the next Neighborhood Watch meeting on Thursday, January 5, 2023 from 2 to 4 p.m. at the HOA business office. We will discuss ways to build our membership and start our training program. Find us on Facebook by searching for [Surfside Area Neighborhood Watch](#). For more information on Neighborhood Watch in general go to nnw.org.



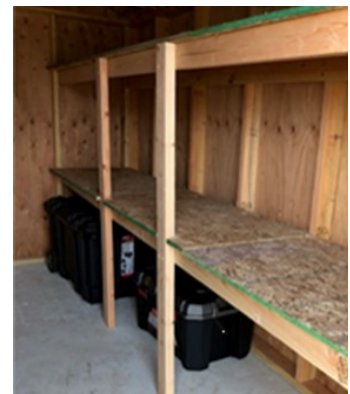
Safety and Security Committee Request

Do you know any, or are you, a retired law enforcement officer, fire fighter, or emergency responder? If yes, the sheriff elect would like to know you and meet you. Please call or email the business office with your contact information.

A Message from the Emergency Management Committee

There is space available in the storage shed for emergency caches. If you are interested in learning more about storing an emergency cache for you and your family, call Louise Purdin at (352) 586-0082.

Storage fees are \$10 per year. Images of approved containers for the EMC storage shed are below. If you are interested in purchasing them, you can find them at Home Depot.



Help! It's an emergency.

The Emergency Management Committee needs volunteers to support Surfside's emergency response plans. They meet at 1 p.m. on the last Tuesday of every month.

Please contact the office at office@surfsideonline.org if you need additional information or would like to join. Thank you.





Will you help the South Pacific County Humane Society's cats and dogs start the new year with a bang by filling their stockings for Christmas?

We hope so! Please help if you can:

FOOD:

Our favorite food is Kirkland (Costco) kibble for its high quality and low price (our pups also like Purina Pro Plan & Iams); Purina Kitten Chow; Kirkland canned food; Friskies pate.

SUPPLIES & TOYS

We appreciate gift cards for pet & office supplies. Our favorite all-purpose gift cards are for Dennis Company in Long Beach, Costco in Warrenton, and Amazon online. The cats and dogs love toys – please no squeaker toys or rawhide.

WISH LISTS

You can send directly to the shelter from our [Amazon Wish List](#) and [chewy.com Wishlist](#).

TOP NEED

What the shelter animals want more than anything is a forever home! Meet our shelter animals at [beachpets.com](#) or join the conversation on our [Facebook](#) and [Instagram](#) pages.

ARCHITECTURAL COMMITTEE

Plan on installing a fence, a shed, a gazebo or building a garage or a house?

REMINDER...

ALL building plans must be submitted to the Architectural Committee prior to any construction.

Pacific County will not approve permitting until the committee has signed off on all plans.

The committee meets every Tuesdays at 9 a.m. at the business office. The building packets are on our website at surfsideonline.org/forms/ or you can pick them up from the business office. Applications must be received by end of day on Thursdays to make the agenda for the following Tuesday's meeting.

Please notify the business office if you want to attend the meeting in person.



If you are building on a vacant lot without an address, please post a sign so the committee knows which lot will be developed.

Two (2) sets of plans must be submitted to the committee. Once approved, you will get a copy of the approved plan. Take it to the county for their approval as needed. Surfside will retain one set of approved plans to keep on file.

For more detailed information on the Architectural Committee duties and guidelines go to our website surfsideonline.org, select the Other tab, then Governing Documents. Download the Operations Manual and the Surfside Restrictive Covenants or call the business office 360-665-4171 with questions.

Thank you!

December 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
				1 Neighborhood Watch 2 pm	2 No TBVN Mtg	3
4	5 Auditor 8—4 pm	6 AC 9 am CRC 1 pm	7 Book Club 3 pm	8 LB&W 9 am First Aid 1 pm	9	10 Volunteer Appreciation Dinner, The Cove, 5 pm
11	12 Election Committee 9-11 am	13 AC 9 am	14	15	16	17 No Board Meeting
18	19 Election Committee 9-11 am	20 AC 9 am	21	22	23 Office Closed 	24
25 	26 Office Closed	27 AC 9 am No EMC Mtg	28	29	30	31

LEGEND

AC=Architectural CRC=Community Relations EMC=Emergency Management

LB&W=Land, Buildings and Waterways S&S=Safety and Security

TBVN=Tree, Brush, Vegetation and Noxious Weeds WSP=Water Systems Planning

January 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
1 	2 Office Closed	3 AC 9 am CRC 1 pm	4	5 Neighborhood Watch 2 pm	6 TBVN 1 pm	7
8	9	10 AC 9 am	11	12 LB&W 9 am WSP 11 am	13	14
15	16	17 AC 9 am	18	19 S&S 3 pm	20	21 Regular Board Meeting 9 am
22	23	24 AC 9 am	25	26	27	28
29	30	31 AC 9 am EMC 1 pm				

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