

Weekender

March 10, 2023

10 Tips For Starting a Garden

- 1. Pick the right location—ideally, a sunny site! Most vegetables need at least 6 hours of sun a day. Some crops such as lettuce and spinach, and other greens will grow well in your partially sunny spots, but sun-loving plants like tomatoes and peppers need as much light as possible.
- 2. Keep it close to home. A location near your house will make it easier for you to tend your plot regularly and will also make it convenient to run out and pick what you need for a meal.
- 3. Only grow things your family likes to eat. There's no sense in spending all your time and energy (and money) growing things you won't enjoy or that will go to waste!
- 4. Water needs to be readily available. Nothing burns out a beginning gardener faster than having to lug water to thirsty plants during a heat wave. Consider investing in a quality hose with a sprayer attachment or, even better, a drip irrigation system.
- 5. Good soil is the key to a successful garden. Plants depend on the soil for nutrients, stability, and drainage. To grow your best garden, start with well-drained, sandy loam and add as much organic matter as possible.
- 6. Amend your soil. Compost, leaf mold, or well-aged manure will increase the ability of your soil to both drain well and hold moisture—the sponge factor. However, never use fresh manure! It can harbor dangerous pathogens and will burn tender plant roots. Compost it for at least 6 to 12 months.
- 7. Seeds or plants? Most garden vegetables can be directly seeded where they are to grow—lettuce, beans, carrots, beets, chard, spinach, peas, cucumbers, and squash. Things that take longer to produce an edible fruit do better with a head start. Purchase transplants for tomatoes, peppers, eggplant, and melons or start your own indoors 6 to 8 weeks before planting them outside.

Choose varieties that will mature in your growing season. See the Almanac Planting Calendar for planting dates based on the first and last frost dates and length of the growing season in your area.

- 1. Keep your garden productive by staggering plantings of fast-maturing veggies such as beans and lettuce and replanting other areas as they are harvested. Don't plant all at once!
- 2. Use raised garden beds or containers if you don't have much space to work with. If you have impossibly rocky soil or solid clay, consider building some raised beds that you can fill with good soil. Growing vegetables in containers is another option. If you want an instant garden, try grow bags.



Surfside Events Peninsula Events

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Tech Wanted / Donate Glasses	3
Reduce Waste	4
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ADVISORY

The board approved the treatment of Seabreeze Lake with an algaecide. The applicator is Coastal AG, LLC, and the chemical selected is GreenCleanPRO, a hydrogen peroxide-based product applied to the water using a non-powered boat and powered backpack sprayer.

The actual treatment date is weather dependent, between March 12th and 18th.

Members who live on or across from the lake received a door notice. Notices will be posted on the trails around the lake approximately 24-48 hours before treatment. If you have any concerns or questions please contact the office.

Women's History Month—*Unladylike2020*



Access PBS Learning Media digital resources and watch the rich history of Progressive Era women, who broke barriers in then-male-dominated fields like science, business, journalism, exploration, and the arts. Topics cover the labor movement, immigration, politics, civil rights, and women's suffrage.

PBS Learning Media, https://opb.pbslearningmedia.org/collection/unladylike2020/?gclid=EAIaIQobChMIIdbf8KvK QIVIQ2tBh1PTq5pEAMYASAAEqKIqPD BwE; Extracted 03-07-23

The Pacific County Assessor's Office is in the area evaluating properties. If you see two staff in orange vests on your street, they are the assessors. Their vehicle is marked as Assessor's Office. They are allowed by state law to "visit" or walk on your property in the line of their duties for the purpose of "valuation of all taxable property" (RCW 84.40.025). The assessor's office is the only county agency which can access your property without your permission.



WANTED

Water/Field Technician II

Position works independently or as part of a water and field operations crew and performs skilled technical functions related to the operations, installation and maintenance of the Surfside water distribution system and field services.

An incumbent may serve as lead worker to provide direction to water system and field personnel, plan and assist in work assignments and training of personnel as needed. Subject to 24-hour call back for emergency conditions and participation in on-call duty rotation with other staff.

Possess knowledge of water distribution systems, treatment, storage systems, and hydraulics. A minimum of two years of employment as a Water/Field Technician or equivalent position is desired. The combination of appropriate education, training, certification and experience will be evaluated on an individual basis for comparability to the minimum education and experience requirements.

This position is full-time with benefits. The salary range is \$22-29 an hour based on education and experience.

For a full job description and employment application go to our <u>website</u>, <u>select</u> <u>About then Human Resources</u>.

Interested persons should send a resume, cover letter, and three professional references to ggonzalez@surfsideonline.org.



LIONS RECYCLE FOR SIGHT

Your used eyeglasses can make a difference! Vision is one of the Lions Club International Global causes. The Peninsula Lions Club seeks donations of your old eyeglasses. They are then cleaned, recycled and packaged to serve the visually impaired in impoverished areas around the world.

Drop boxes are located in the:

- ♦ Long Beach Pharmacy
- ◊ Peninsula Senior Center
- ◊ Ocean Park Chamber of Commerce
- ◊ Ocean Park Pharmacy



Eight Ways to Reduce Waste

So many decisions we make in our everyday lives have a major impact on the planet. The average American produces about 4.4 pounds of trash per day. Explore our tips for ways you can make small changes that are eco-friendly and will have a lasting effect on the environment.

1. Use a reusable bottle/cup for beverages on-the-go

You might already have a reusable water bottle, but do you use it all the time? By taking your own water with you, you'll also reduce your chances of purchasing more expensive beverages on-the-go. This will eliminate the one-time use containers they come in.

2. Use reusable grocery bags, and not just for groceries

Just like a reusable water bottle, you may already have a reusable grocery bag, though it's often forgotten at home. Try writing BAGS on the top of your grocery list to help you remember, or keep them in the back seat where they aren't as easy to forget.

3. Purchase wisely and recycle

You can reduce the amount of waste you produce by purchasing products that come with less packaging and/or come in packaging that can be recycled. Not all plastics are recyclable.. Learn more about recycling programs in your area for specifics.

4. Compost it!

Did you know as much as 25% of the items in your trash could potentially be removed from the waste stream and composted in your back yard? Your fruit and vegetable scraps, egg shells, coffee grounds, grass clippings and leaves can all be composted. Depending on the conditions, you may have compost in 3 to 12 months to use in your garden.

5. Avoid single-use food and drink containers and utensils

Whenever possible, try to avoid single-use coffee cups, disposable utensils, straws and napkins. Keep a set of silverware at work along with a plate, bowl and cup. Skip the plastic straw altogether or buy reusable metal ones instead.

6. Buy secondhand items and donate used goods

Before you go buy something new, consider buying it used which can also save you lots of money. By purchasing secondhand items you'll be supporting local charities in addition to saving items from ending up in the dump.

7. Shop local farmers markets and buy in bulk to reduce packaging

Shopping at your local farmers market is a win-win...you'll be supporting local farmers while also getting fresher ingredients than you might find in the big-box grocery store. Food produced locally doesn't have to be shipped as far or refrigerated in transit. Local farmers often rely on less packaging.



8. Curb your use of paper: mail, receipts, magazines

In today's digital world, most companies offer bills by email. More stores are offering e-receipts, too. Consider digital subscriptions for your favorite magazines. If you get an unwanted weekly packet of grocery store circulars in your mailbox, talk to your mail carrier and they will stop delivering it.

The Nature Conservancy, https://www.nature.org/en-us/about-us/where-wework/united-states/delaware/stories-in-delaware/delaware-eight-ways-toreduce-waste/; Extracted 2/27/23

Summer RV Season Starts March 15th

Yes, it's nearly here! The summer RV season is upon us and that means sun, fun, and permits. If you plan to bring your RV back to your home at the beach, please stop by the office and get a conditional use permit and register your stay. Permits will not be sent via email.

The summer use permit is good from March 15th to October 31st (2.9a.1) The permit must be prominently displayed and visible from the street (2.9a). If you have no windows facing the street we can laminate the permits for \$1 or supply



you with a plastic sleeve so you can tape the permit to a street-facing side of your rig.

In addition to being a covenant, permits are a safety measure ensuring only owners and their guests are parked on a lot and not squatters. And remember, all RVs must be registered, licensed, and maintained in a mobile condition at all times (2.9a). Happy glamping!

The Community Relations Committee Presents the Speaker Series



Native Plants & Dune Prairies

with Kathleen Sayce March 29th, 2 p.m. Surfside Boardroom



Kathleen Sayce is an ecologist, and lives on Willapa Bay between Nahcotta and Oysterville with spouse Frank Wolfe, a retired county commissioner and merchant mariner.

For several decades Kathleen did wetland delineations and ecological assessments, managed wetland monitoring permits, and designed restoration plans for private and public entities. These days she focuses on native plants in residential gardens.

Coastal prairies have been her passion for years. Natural, native coastal prairie is completely unlike the modern grass swards of today's dunes, or the pine-dominated back dunes, which historically supported diverse wildflowers and native grasses. Come learn what some of those species look like and how to grow them.

Protect yourself from tech support scams

Tech support scams are an industry-wide issue where scammers use scare tactics to trick you into unnecessary technical support services to supposedly fix device or software problems that don't exist.

At best, the scammers are trying to get you to pay them to "fix" a nonexistent problem with your device or software. At worst, they're trying to steal your personal or financial information; and if you allow them to remote into your computer to perform this "fix," they will often install malware, ransomware, or other unwanted programs that can steal your information or damage your data or device.

How tech support scams work

Scammers may call you directly on the phone and pretend to be representatives of a tech company. They might even spoof the caller ID so that it displays a legitimate support phone number from a trusted company. They'll probably ask you to install applications that give them remote access to your device. Using remote access, these experienced scammers can misrepresent normal system messages as signs of problems.

Scammers might also initiate contact by displaying fake error messages on websites you visit, displaying support numbers and enticing you to call. They may also put your browser in full screen mode and display pop-up messages that won't go away, apparently locking your browser. These fake error messages aim to scare you into calling their "technical support hotline".

Important: Microsoft error and warning messages never include phone numbers.

When you engage with the scammers, they can offer fake solutions for your "problems" and ask for payment in the form of a one-time fee or subscription to a purported support service.

How to protect against tech support scams (for Microsoft based devices)

First, be sure to follow these tips on how to keep your <u>computer secure</u>.

It is also important to keep the following in mind:

- Microsoft does not send unsolicited email messages or make unsolicited phone calls to request personal or financial information, or to provide technical support to fix your computer. If you didn't ask us to, we won't call you to offer support.
- If a pop-up or error message appears with a phone number, don't call the number. Error and warning messages from Microsoft never include a phone number.
- Microsoft will never ask that you pay for support in the form of cryptocurrency like Bitcoin, or gift cards.
- Download software only from official Microsoft partner websites or the Microsoft Store. Be wary of download-
- ing software from third-party sites, as some of them might have been modified without the author's knowledge to bundle malware and other threats.
- Use Microsoft Edge when browsing the internet. It blocks known support scam sites using Microsoft Defender Smart-Screen. Also, Microsoft Edge can stop pop-up dialog loops used by these attackers.



Microsoft Support;

https://support.microsoft.com/en-

us/windows/protect-yourself-from-tech-support-scams-2ebf91bd-f94c-2a8a-e541-f5c800d18435; Extracted 2/21/23

Vegetables -

Delight your tastebuds and support your health with these recipes.

while we did not have a flood of members submitting tasty vegetable recipes in support of healthier lifestyles, here are some delightful and easy vegetable dishes...

<u>Ratatouille</u>

Containing simple, available ingredients, ratatouille is a bright vegetable stew or casserole, rich with olive oil and herbs. It comes from Provence, in the south of France and usually contains eggplant, zucchini, bell peppers, and tomatoes, or similar summer vegetables. It's a filling dish, especially when served with fresh bread or <u>focaccia</u>.





<u>Tapas, Leek Croquettes</u>

A quintessential Spanish experience, tapas are small savory dishes or appetizers which everyone at the table can share. Many tapas recipes are meat based, but things like sauteed mushrooms and olives are a standard. Tapas give you a chance to taste something new without a big investment and <u>leeks can be grown all year round in Washington.</u>

Spring Rolls

As the name implies, this delight is paramount in the spring when fresh produce is available after the winter Iull. A rolled appetizer or dim sum found in Chinese and other Asian cuisines, spring rolls vary considerably but are a delicate morsel consisting of a wrapper and fillings. They can be served with a variety of dipping sauces and often employ a cooking technique which varies from frying to gently steaming in a basket.





Chakalaka

A staple that often goes with meats and seafood, chakalaka is a vegetable stew. The word is Zulu and means "all together." It contains beans, tomatoes and whatever fresh vegetables are on hand. It can be spicy or mild and makes a splendid meal served with <u>corn porridge called pap</u>.

"If we want our girls to benefit from the courage and wisdom of the women before them, we have to share the stories." <u>Shireen</u> <u>Dodson, United Nations Ombudsman</u>

Celebrate Women's History Month by visiting the <u>National Women's History</u> <u>Museum online, womenshistory.org.</u>



Cancer Prevention

According to a study conducted by the American Cancer Society, at least 42% of newly diagnosed cancers in the US, which translates to about 750,000 cases in 2020, are potentially avoidable. This includes the 19% of all cancers that are caused by smoking and the 18% caused by a combination of excess body weight, alcohol consumption, poor nutrition, and physical inactivity.

With February being National Cancer Prevention Month, here is a round-up of the latest news and updates that focus on the role of cancer prevention:

- ⇒ Over the next century, successful implementation of the World Health Organization (WHO) elimination strategy could reduce <u>cervical cancer mortality</u> by almost 99% and save more than 62 million women's lives.
- ⇒ A recent study determined circulating tumor cells were associated with <u>melanoma</u> relapse, suggesting that this form of liquid biopsy could help identify patients who would benefit from adjuvant therapy.
- ⇒ According to researchers, when individuals quit smoking it not only stops further damage from accruing, but it also may lead to the reawakening of <u>lung cells</u> that were not damaged by tobacco carcinogens.
- ⇒ A new AI system could possibly surpass human experts in the prediction of <u>breast cancer</u>, potentially leading to enhanced screening results and earlier identification of the disease.
- ⇒ Online and digital videos were found to play a key role in <u>cancer education</u>, leading to increased knowledge and interventions, however access for vulnerable populations needs to be improved.
- ⇒ Engaging in the recommended amount of leisure-time physical activity (7.5-15 MET hours/week) was found to be associated with a lower risk for 7 different <u>cancer</u> types.
- ⇒ Greater adherence to the World Cancer Research Fund (WCRF)/American Institute for Cancer Research (AICR) cancer prevention recommendations appeared to be associated with decreased <u>colorectal cancer (CRC) risk</u> for both African Americans and whites.
- ⇒ A blood-based screening test, presented at the 2020 Gastrointestinal Cancers Symposium, held from January 23-25, in San Francisco, California, could potentially diagnose multiple cancer types earlier, including <u>gastrointestinal cancers</u> across stages at high sensitivity.

American Cancer Society. Cancer Facts & Figures 2020. American Cancer Society Website. Published 2020. cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/annual-cancer-facts-and-figures/2020/cancer-facts-and-figures-2020.pdf. Accessed February 18, 2020.

MAGIC SHOW, FEATURING SETH HOWARD



SUNDAY, APRIL 2ND AT 2:00 P.M.

ILWACO HIGH SCHOOL CAFETERIA, 404 HIGH SCHOOL ROAD

ADMISSION IS FREE!

ASKING FOR DONATIONS OF PERSONAL HYGIENE ITEMS LIKE:

TOOTHPASTE, TOOTHBRUSHES, DEODORANT, BAR Soap, Razors, Mouthwash, Pads, Diapers, Wipes, Cotton Swabs, etc. **All Items Donated** To the Ocean Beach School District's **Family Resource Center (FCRC).**



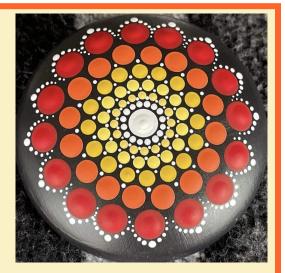


Mandala Art for Beginners

Taught by Surfside HOA member Micci Shannon

Saturday, March 25, 2023 From 1 to 3 pm in the HOA boardroom

Members - #15 --- Guests - #35



Fee includes all the supplies for the class, including a pre-prepped hand casted stone and a kit with tools and paints.

Class is limited to 10 persons so please RSVP by calling the office at 360-665-4171 or send an email to office@surfsideonline.org.

Sponsored by the Community Relations Committee

Quilting at the Beach Peninsula Quilt Guild 26th Annual Quilt Show

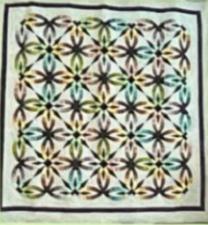
March 17, 18, 19, 2023 10:00 a.m. - 4:00 p.m. Friday and Saturday, 10:00 - 3:00 p.m. Sunday

Columbia Pacific Heritage Museum

115 Lake St. SE, Ilwaco, WA 98624

Free Admission More than 100 quilts displayed

Raffle Quilt Pattern Bali Wedding Star by Quiltworx.com Tickets \$1.00





Join trustees John Curran and Rick Dyer on Monday, March 27th at 2 p.m. in the HOA Boardroom

Sponsored by the Community Relations Committee

On February 18, 2023 at their regular board meeting, and per the Articles of Incorporation and the covenants, the board interpreted the definition of recreational vehicles (RVs) in covenant 1.3 to be only units which can be lived in temporarily. Boats and boat

trailers which cannot be lived in (no cabin, no galley, no utilities, etc.) are not considered RVs at this time. However, boats with a motor or sail and boat trailers must be licensed and registered per Pacific County. Please contact the office if you have questions.



Upcoming Events

- March 12th, 5-7 p.m., Square Dance Lessons, Pacific Grange Hall
- March 17th to 19th, 10 a.m., 26th Annual Quilt Show, CP Heritage Museum, Ilwaco
- March 17th—April 2nd, Steel Magnolias, Papa Theater
- March 19th, Free State Parks Day, all state parks are free!
- March 25th, 1-3 p.m., Mandala Art for Beginners, Boardroom, RSVP, Fee Required
- March 27th, 2 p.m., Coffee Talk with Trustees, Boardroom
- March 29th, 2 p.m., Speaker Series, K. Sayce on Native Plants, Boardroom
- March 30th to April 1st, Driftwood and Daffodils, Columbia Heritage Museum
- March 31st to April 2nd, PAA Spring Art Show at the Long Beach Train Depot
- April 19th, 2 p.m., Oysterville History with S. Stevens, Boardroom



Learn to Square Dance

FREE Lesson, Sunday, March 12th 5:00 to 7:00 p.m. at the Pacific Grange Hall (midway between Astoria and Seaside on Hwy 101 and Cullaby Lake Road) Hayshakers, Square and Road Dance Club Caller, Instructor: Mark Wheeler

Reasons to Square Dance:

- Fun for the whole family
- Stay young
- Meet people
- Body and Brain Booster
- * Fun, fitness and exercise

Singles or couples welcome.

Call Valerie at 360-665-0804 or Jess at 360-244-0615 if you are interested in carpooling.



BRIDGE CLOSURE: Pacific County postponed the repairs of the 315th bridge pending the necessary permits from the state. Continue to exercise caution crossing the bridge. And please no work trucks or vehicles over 7,500 lbs.



Do you have a question for the Board? Do you want to make a suggestion? Do you have an issue with your property but you don't know what to do? Do you want to send a note or comment to a committee or a trustee? **Submit a Membership Request!** We WANT to hear from you, our membership, to improve our community and ensure we respond to your needs. You can either come to the Business Office, fill out our <u>Membership Request</u> form, or email office@surfsideonline.org. Talk to you soon!



Service Fee of 1% Effective March 1, 2023

If you have not yet paid your 2023 dues and assessments in full a 1% service charge will be added to the outstanding balance starting March 1, 2023.

Statements are sent out monthly until your balance is paid in full.

Call the office with any questions, 360-665-4171.

2023 Compactor Passes Now Required

Your dues must be paid in full or you must have started making payments to receive a new 2023 pass. You can pick up a new pass at the business office. If you cannot make it to the office during regular business hours (8:30 a.m. to 4:00 p.m.) please call or email and we will set up an after hours pick up for you.

Phone: 360-665-4171 Email: office@surfsideonline.org
YOU MUST SHOW YOUR COMPACTOR PASS TO THE ATTENDANT.

Zoom Links for March 2023 Regular Meetings and Events

Mar 18, 2023, 8:30 AM, <u>Board of Trustees Regular Monthly Meeting</u>, <u>March 2023</u> Meeting ID: 857 5708 4823, Passcode: 096472

Mar 23, 2023, 3-5 PM, <u>Safety and Security Regular Monthly Meeting</u>, <u>March 2023</u> Meeting ID: 854 3545 3012 Passcode: 271231

Mar 28, 2023, 1-3 PM, <u>Emergency Management Regular Monthly Meeting</u>, <u>March 2023</u> Meeting ID: 869 1994 0609, Passcode: 782987

ARCHITECTURAL COMMITTEE

Plan on installing a fence, a shed, a gazebo or building a garage or a house? REMINDER...

ALL building plans must be submitted to the Architectural Committee <u>prior</u> to any construction.

Pacific County will not approve permitting until the committee has signed off on all plans.

The committee meets every Tuesdays at 9 a.m. at the business office. The building packets are on our website at <u>surfsideonline.org/forms/</u> or you can pick them up from the business office. Applications must be received by end of day on Thursdays to make the agenda for the following Tuesday's meeting.

Please notify the business office if you want to attend the meeting in person.

If you are building on a vacant lot without an address, please post a sign so the committee knows which lot will be developed.

Two (2) sets of plans must be submitted to the committee. Once approved, you will get a copy of the approved plan. Take it to the county for their approval as needed. Surfside will retain one set of approved plans to keep on file.

For more detailed information on the Architectural Committee duties and guidelines go to our website <u>surfsideonline.org</u>, select the Other tab, then Governing Documents. Download the Operations Manual and the Surfside Restrictive Covenants or call the business office 360-665-4171 with questions.

Thank you!

March 2023

SUN	MON	TUES	WED	THURS	FRI	SAT	
			1	2 Neighborhood Watch 2 pm	3 TBVN 1 pm	4	
5	6	7 AC 9 am CRC 1 pm	8	9 LBW 9 am WSP 11 am	ю ЕМС 1р	11	
12	13	14 AC 9 am	15	16	17	18 Regular Board Meeting 9 am	
19	20 happy spring!	21 AC 9 am	22	23 SS 3 pm	24 EMC 1p	25 Mandala Art 1-3 pm RSVP required	
26	²⁷ Coffee Talk with Trustees 2 pm	28 AC 9 am EMC 1 pm	29 Speaker Series Native Plants 2-3 pm	30	31		
LEGEND AC=Architectural CRC=Community Relations EMC=Emergency Management LBW=Land, Buildings and Waterways SS=Safety and Security							

TBVN=Tree, Brush, Vegetation and Noxious Weeds WSP=Water Systems Planning

April 2023

SUN	MON	TUES	WED	THURS	FRI	SAT		
						APRIL FOOLS' DAV!		
2	3	4 AC 9 am CRC 1 pm	5	6 LBW 9 am WSP 11 am	7 TBVN 1 pm	8		
HAPPY EASTER	10	11 AC 9 am	12	13	14	15 Regular Board Meeting 9 am		
16	17	18 AC 9 am	19 Speaker Series Oysterville History 2-3 pm	20 SS 3 pm	21	22		
23	24	25 AC 9 am EMC 1 pm	26	27	28	29		
30								
	1	1	LEGEND	1	1	1		
AC=Architectural CRC=Community Relations EMC=Emergency Management								
LBW=Land, Buildings and Waterways SS=Safety and Security								
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L								