



Weekender

March 05, 2026

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EAT WELL IN MARCH AND BOOST YOUR IMMUNE SYSTEM

Eating seasonally ensures you get the freshest, most nutritious vegetables while also supporting sustainable agriculture. March’s selection of vegetables offers a variety of flavors and health benefits, making it the perfect time to refresh your diet with nature’s best offerings.

SPINACH

Spinach is a powerhouse of nutrients, loaded with vitamins A, C, and K, as well as iron and folate. This leafy green is excellent for boosting immunity, improving heart health, and supporting strong bones. Add it to salads, smoothies, or sauté it with garlic for a simple, delicious dish.

KALE

Kale remains a nutritional superstar with its high levels of fiber, antioxidants, and essential vitamins. It’s an excellent source of vitamin K, which supports bone health, and vitamin C, which strengthens the immune system. Try incorporating kale into soups, salads, or even baked as crispy chips.

CARROTS

Rich in beta-carotene, carrots are fantastic for eye health and skin. They also contain antioxidants that support immune function. Enjoy them raw as a crunchy snack, roasted with herbs, or blended into soups for a naturally sweet flavor.

BRUSSELS SPROUTS

These small but mighty vegetables are full of fiber, vitamin K, and antioxidants. Brussels sprouts help reduce inflammation and improve digestion. Roast them with olive oil and balsamic vinegar for a tasty side dish.

CABBAGE

Cabbage is high in vitamin C, fiber, and beneficial compounds that support gut health. Whether you prefer it raw in slaws, fermented as sauerkraut, or sautéed, this vegetable is versatile and nutritious.

ASPARAGUS

Asparagus is one of the first vegetables to welcome spring. It is packed with fiber, folate, and antioxidants that promote heart health and digestion. Enjoy it steamed, roasted, or grilled for a delicious and nutritious addition to any meal.



Summer RV Season is starting March 15th

It's almost time to bring your RV back to your home in Surfside. The summer RV season begins on March 15th, 2026.

If you plan to bring your RV back to your home at the beach, **please stop by the office and get a conditional use permit and register your stay.** Summer Permits will be available starting Monday, March 9, 2026.



The summer use permit is good from March 15th to October 31st (2.9a.1)

The **permit must be prominently displayed and visible from the street** (2.9a).

In addition to being a covenant, permits are a safety measure ensuring only owners and their guests are parked on a lot and not squatters.

And remember, **all RVs must be registered, licensed, and maintained in a mobile condition at all times** (2.9a).

HOA Office Information

AMS Update on Unpaid Association Dues and Invoices

To comply with the new [Washington Senate Bill 5686](#), we have updated our collection policy to provide homeowners with expanded protections, including mandatory pre-foreclosure notices and access to the state's mediation program. These changes ensure lower administrative fee caps and require a "meet and confer" process to help resolve delinquent accounts before legal action begins.

Board and Committee Meetings

Next Board Meeting: March 21

To find the meeting links for Board Meetings and Committee Meetings just visit the website, by clicking [here](#).

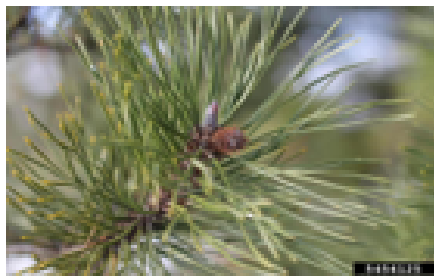
If you have any questions, just give us a call at 360.665.4171

Members are welcome to attend.

Spring Clean-up 2026

We always think of Spring as a time to clean up our homes, open the windows and get ready for the wonderful sunny skies here by the beach. It's also a great time to "spruce up" our yards, campsites and lots, to be ready for our long, dry summer season. Here are a few tips to help:

Tree Maintenance



- Trim shore pines to manage height and shape growth
- Remove dead trees or tree limbs for fire and disease control.
- Clean up needle drop to prevent fire hazard

Weed Control



- Remove and/or treat noxious or invasive weeds like Gorse, Scotch broom, blackberry, tansy
- Use weed control barriers under paths, borders
- Plant native species to encourage birds and beneficial insects

Brush Control



- Control wildfire by removing brush and dead limbs or trunks from your property
- Avoid burning debris wherever possible
- Surfside is a designated Firewise Community
- The Surfside chipper site is at 350th and G Streets. Members can dispose debris starting Memorial Day through Labor Day

Most of all, enjoy a wonderful Surfside summer here at the beach!

**Do you like cooking? How about Clam Chowder? Please register now!
Do you like baking? We are in need of donations for baked goods.
Please call the HOA Office to sign up.**

*SURFSIDE HOA COMMUNITY
RELATIONS INVITES YOU TO
A*

Seafood Chowder Cookoff

RAFFLE & BAKE SALE

Saturday, March 28, 2026

at Oysterville School

Oysterville WA

Tasting: Noon to 2pm

Awards: 2:15pm

PRIZES FOR TOP 3 POTS

***Free to enter your minimum 5 qts. Of
Chowder with pre-registration!
Entries delivered by 11:30-11:45am***

\$5.00+

**A NON PERISHABLE FOOD ITEM
TO TASTE AND VOTE**

**ALL PROCEEDS GO TO
PSEA (PENINSULA SUICIDE
EDUCATION ALLIANCE)**

***Call 360-665-4171 or email:
office@surfsideonline.org to
pre register your chowder***





Golfers!!

SAVE THE DATE

Announcing

2026 Surfside Homeowners

“SCRAMBLE”

Golf Tournament

June 6th, 2026

*Net Proceeds to Fund Scholarships for Ilwaco
High School Seniors*

**Entry Forms Available at the Surfside
Golf Course, Surfside Business Office or
www.surfsideonline.org**

**Sponsorships, donations, or questions – Contact Kirby
Smith or Jennifer Copple through
Surfside business office Phone: 360-665-4171**

Donuts With a Veteran

Come enjoy the company and conversations of fellow veterans!

Every third Thursday
8am-9am

Peninsula Senior Activity
21603 O Pl, Ocean Park, WA 98640

Donuts donated by
Dylan Harrell's Cottage Bakery



And Crime Prevention

Peninsula Senior Activity Center

April 1, 2026 at 1PM

How to prevent Fraud and Scams

Pacific County Sheriff Garcia will provide information how to keep yourself and your finances safe. This is a continuation of the March 26th presentation.

Please RSVP at 360-665-3999.

ILWACO CRAB CRAWL

SATURDAY, MARCH 21, 2026

START YOUR DAY WITH LOCAL COFFEE!



& SHOPPING LOCAL



VISIT ART GALLERIES



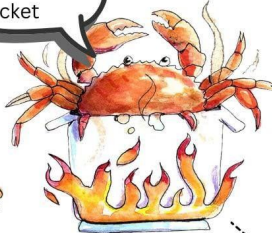
ENJOY LOCAL LUNCH LUNCH!



LIVE CRAB RACES
1-4 PM DOWNTOWN
AT TRE-FIN SEAFOODS



Door Prize Drawings with ticket



FRESH BOILED CRAB AVAILABLE TO PURCHASE

CRABBY HAPPY HOUR
4-6 PM



ILWACO CIDER CO
RAE RAE'S TAVERN
SALT PUB
WATERLINE PUB

RACE TICKETS \$15 EACH OR 2/\$20
PRESALE TICKETS AVAILABLE AT:
TRE-FIN SEAFOODS ILWACO CIDER CO
SALT HOTEL & PUB DROP ANCHOR BISTRO
DON NISBETT ART GALLERY

Thank you!

YOUR TICKET PURCHASE SUPPORTS DISCOVER ILWACO EVENTS!



• • **PENINSULA SUICIDE EDUCATION ALLIANCE** • •

PRESENTS

QPR Training

QUESTION – PERSUADE – REFER



Free!

SATURDAY, APRIL 4, 2026

Noon to 1pm at Peninsula Senior Activity Center

21603 O Place in Ocean Park

Reservations strongly encouraged: (360) 665-3999 or (360) 244-2097

- Only 25 seats available....call soon!
- Attendees receive certificate, booklet and wallet card
- Presented by Dr. KC Carroll, Certified QPR Instructor



Peninsula Suicide
Education Alliance

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of suicide crisis and how to question, persuade and refer someone for help. Each year thousands like you are saying "yes" to saving the life of a friend, colleague, family member or neighbor.

Suicide is a temporary answer to a painful situation ... IT IS PREVENTABLE! TAKE A QPR CLASS!

Cranberries and the Microbiome Workshop

with
Ahhria Kirkendall, PhD

Have you ever wondered *how* cranberries can help with urinary tract infections?

At this workshop, we'll wade through the latest science discoveries with The Cranberry Doctor from Washington State University.

Cranberry refreshments will be provided to guests as part of a fun, little food science experiment!

Where: Cranberry Museum

2907 Pioneer Road, Long Beach, WA

**When: Friday, May 29, 2026 at 3pm &
Saturday, May 30, 2026 at 11am**

About the Cranberry Doctor

Ahhria (pronounced "Aria") is a Food Scientist from WSU who studied the effects of cranberry products on the human microbiome. She lives north of Seattle with her husband, mini dachshunds, and birds and is a mixologist on the side.

Scan the QR code to RSVP and submit a question to the doc before the workshop!



NEXT BOOK CLUB - APRIL 2026



Join in the FUN! If you love reading, you are invited to join Surfside's own book club, the **\$URFREADERS!** We meet every other month, the first Friday, at same time and same place. **Please drop by!**

WHAT: Surfreaders, a Surfside book lovers group

WHEN: Friday, April 3, 3-4PM

WHERE: Surfside Office Board Room, 31402 H St.

NEW BOOK: The Lemon Tree by Sandy Tolan



SOUTH PACIFIC COUNTY HUMANE SOCIETY

Community-Funded ♥ Long Beach, WA

MARCH IS PET POISON PREVENTION MONTH!



Pet Poison Control Awareness for Cats & Dogs

- ✓ **Toxic Foods** (chocolate, grapes, onions, garlic, alcohol, xylitol, etc.)
- ✓ **Household Cleaners & Chemicals**
- ✓ **Medications** (ibuprofen, etc.)

**Know the Poison Control Hotline:
(855) 764-7661**

Contact your vet immediately if poisoning is suspected.



SPREAD THE WORD & KEEP YOUR PETS SAFE!

- **Toxic Foods:** chocolate, grapes, raisins, onions, garlic, alcohol, xylitol (sugar-free sweetener), coffee grounds, macadamia nuts, raw dough
- **Household Cleaners:** bleach, disinfectants, detergents, pesticides, antifreeze
- **Medications:** ibuprofen, acetaminophen, antidepressants, vitamins, cold medicines



ARCHITECTURAL COMMITTEE

Plan on installing a fence, a shed, a gazebo or building a garage or a house?

REMINDER...

ALL building plans must be submitted to the Architectural Committee prior to any construction.

Pacific County will not approve permitting until the committee has signed off on all plans.

The committee meets every Tuesdays at 9 a.m. at the business office (if they have agenda items). **The plans MUST be submitted by Friday at NOON to be added to the next week's agenda.** The building packets are on our website at surfsideonline.org/forms/ or you can pick them up from the business office.

Please notify the business office if you want to attend the meeting in person. If you have any questions for the committee and cannot attend in person, the office can also provide a Zoom link.

If you are building on a vacant lot without an address, please post a sign so the committee knows which lot will be developed.

Two (2) sets of plot plans must be submitted to the committee. Once approved, you will get a copy of the approved plan. Take it to the county for their approval as needed. Surfside will retain one set of approved plans to keep on file.

For more detailed information on the Architectural Committee duties and guidelines go to our website surfsideonline.org, select the Other tab, then Governing Documents. Download the Operations Manual and the Surfside Restrictive Covenants or call the business office 360-665-4171 with questions.

March 2026

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3 ARC 9am CRC 1:15 pm	4	5 Neighborhood Watch 2pm	6 Nominating Com. 11am TBVN 1:15pm	7
8	9	10 ARC 9am	11 RV Com. 10am	12 LBW 9am WSP 10:30am	13	14
15	16	17 ARC 9am St Patrick's day 	18	19 S&S 3pm	20	21 Regular Board Mtg 9am
22	23	24 ARC 9am EMC 1pm	25	26	27	28 Chowder Cook-off 
29	30	31 ARC 9am				

LEGEND

ARC=Architectural CRC=Community Relations EMC=Emergency Management

LBW=Land, Buildings and Waterways SS=Safety and Security

TBVN=Tree, Brush, Vegetation and Noxious Weeds WSP=Water Systems Planning

April 2026

SUN	MON	TUES	WED	THURS	FRI	SAT
			1	2	3 TBVN 1:15pm Book Club 3pm	4
5	6	7 ARC 9am CRC 1:15pm	8 RV Com. 10am	9 LBW 9am WSP 10:30am	10	11
12	13	14 ARC 9am	15	16 S&S 3pm	17	18 Regular Board Mtg 9am
19	20	21 ARC 9am	22	23	24	25
26	27	28 ARC 9am EMC 1pm	29	30		

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